



**1/4 Mile Swim, JC'S Auto Care 15 Mile Bike, Floral Lakes 5K**

Entry Fee:	Individuals	Teams
Before 2/13	\$60.00	\$120.00
After 2/13	\$70.00	\$140.00
After 3/6	\$80.00	\$160.00

**Awards**

- Overall & Masters Male/Female Individual & Group costume
- At least 3 Deep in:
  - Standard Five Year Age Groups
  - ParaTriathlete Male/Female
  - Clydesdales/Athena 39 & Under, 40+
  - Military
  - First Timer



**Relay Division (3 Deep in Divisions)**

- Male / Female / Coed / Corporate
- Teams Must Consist of 2 or 3 Members
- Each member completes separate form

**Stay For the Weekend**

- Holiday Inn Express (863)533-8070
- Mention "Bartow Parks & Recreation" for event rate
- Palace Pizza Lasagna Dinner (Friday, 6-9PM)
- Main Street Bartow, Inc. Friday Fest (Friday 6-9PM)

**Date / Location**

Saturday, March 13th, 2010  
 Bartow Civic Center, 2250 S. Floral Ave.  
 Bartow, FL 33830

**Start Time**

7:00 AM, Seeded by estimated swim time

**USAT Rules & Regulations**

Participants not annual members of USAT must pay a one day (\$10 fee)  
**DO NOT INCLUDE WITH REGISTRATION**

**Information**

Online Registration - AltaVistaSports.com  
 Make Checks Payable & Mail to:  
 City of Bartow  
 Parks & Recreation  
 2250 S. Floral Ave.  
 Bartow, FL 33830

**Race Premiums**

- Unique Finisher Premiums
- Custom Race T-shirt
- Palace Pizza Lasagna Dinner (Friday)
- Results & Finish line by Alta Vista Sports
- Post Race Party



**Packet Pick Up**

- Friday March 12, 3:00 - 5:00 PM (Onsite)
  - 6 - 8 PM, Ft. Blount Park (Main & Broadway)
- Saturday March 13th, 5:30 - 6:45 AM (Onsite)
- Race Day Registration 5:30 - 6:45 AM (Onsite)

**NO REFUNDS OR RACE TRANSFERS**

Pool is not heated. Wetsuits are permitted according to USAT rules.

Call (863)534-0120 or e-mail jbrandl.parks@cityofbartow.net for more info

or visit [www.cityofbartow.net](http://www.cityofbartow.net) click on Inaugural Bartow Blarney Triathlon on the bottom left column.

Division(Circle One): Age Group    Military    ParaTriathlete    Clyde    Athena    First Timer    Relay: M   F   Coed   Corp

Shirt Sizes:    S    M    L    XL    XXL    XXXL    Relay Team Name: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birth date: \_\_\_\_\_ Gender: M   F

Address: \_\_\_\_\_ Estimated Swim Time: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ USAT#: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ ChampionChip #: \_\_\_\_\_

Emergency Contact Person / Phone: \_\_\_\_\_

In consideration of the entry, I for myself, my heir, devisees, executors, administrators and assigns hereby waive, release and discharge any and all Claims against the City of Bartow, Alta Vista Sports, or organizations sponsoring or conducting this event, or organizations sponsoring or conducting this event, or their employees, representatives, or successors, for any and all damages or injuries I may suffer. I hereby grant permission for the free use of my name and picture in any broadcast, brochure or account of this event. INSURANCE DOES NOT COVER THESE ACTIVITIES: BABY JOGGERS, ANIMALS, RADIO OR OTHER PHONE HEADSETS.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardians Signature \_\_\_\_\_ Date \_\_\_\_\_